

AML- CHWARAEON MULTI SPORTS

AM DDIM // FREE

ACHA PLAS KYNASTON, CEFN MAWR

PLAS KYNASTON MUGA, CEFN MAWR

DYDD IAU 30 HYDREF 2025 // THURSDAY, 30 OCTOBER 2025

OEDRAN // AGES: 5-8, 10AM-11AM

OEDRAN // AGES: 9-12 OED, 11AM-12PM

Croeso i ffrindiau, teulu a brodyr a chwiorydd // Friends, family and siblings welcome

Rhaid gwisgo'ch esgidiau ymarfer a dod â diod // Must wear trainers and bring a drink

Rhaid cofrestru ymlaen llaw dryw ebost // Must sign up in advance by email

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