

# GWEITHGAREDDAU

# HANNER TYMOR

## AM DDIM

# HALF TERM

# ACTIVITIES

## FREE

28 HYDREF – 1 TACHWEDD 2024

28 OCTOBER – 1 NOVEMBER 2024

### DYDD LLUN

#### METAFIT

FERCHED A GENETHOD  
Canolfan Adnoddau Gwersyllt  
Oedran 14+, 5pm - 6pm

### DYDD MAWRTH

#### DAWNSIO STRYD

Neuadd Garden Village  
Oedran 11+, 7pm - 8pm

### DYDD MERCHER

#### PÊL-DROED I FERCHED

Ysgol Rhosnesni  
Oedran 5-11, 10am - 12pm

#### DYSGU BEICIO

Darperir beiciau/helmedau  
Stadiwm Queensway  
Oedran 5-8, 1.30pm - 3.30pm

### DYDD IAU

#### AML-CHWARAEON CYNHWYSOL

Ysgol Sant Christopher  
10am - 12am

#### ATHLETAU DAN 8

Ysgol Morgan Llwyd  
5 - 8 oed, 1pm - 3pm

### DYDD GWENER

#### DYSGU BEICIO

Darperir beiciau/helmedau  
Stadiwm Queensway  
Oedran 9-11, 1.30pm - 3.30pm

### MONDAY

#### METAFIT

WOMEN AND GIRLS  
Gwersyllt Resource Centre  
Ages 14+, 5pm - 6pm

### TUESDAY

#### STREET DANCE

Garden Village Hall  
Ages 11+, 7pm - 8pm

### WEDNESDAY

#### GIRLS FOOTBALL

Ysgol Rhosnesni  
Ages 5-11, 10am - 12pm

#### LEARN TO RIDE A BIKE

Bikes/helmets provided  
Queensway Stadium  
Ages 5-8, 1.30pm - 3.30pm

### THURSDAY

#### INCLUSIVE MULTISPORTS

St Christopher School  
10am - 12am

#### UNDER 8'S ATHLETICS

Morgan Llwyd  
Ages 5-8, 1pm - 3pm

### FRIDAY

#### LEARN TO RIDE A BIKE

Bikes/helmets provided  
Queensway Stadium  
Ages 9-11, 1.30pm - 3.30pm

Am fwy o wybodaeth, e-bost i // For more information, email  
[activewrexham@wrexham.gov.uk](mailto:activewrexham@wrexham.gov.uk)

