



## Year 3 Self Isolation Activities Spring Term

LITERACY	NUMERACY	HEALTH & WELLBEING	CREATIVE
<p>Create a poster for your favourite food. Try to include lots of adjectives that will help to persuade someone to try it e.g. delicious, tasty, mouth-watering...Include a picture to tempt people too!</p>	<p>Practice number bonds to 10 and 20 e.g. <math>5+5=10</math>, <math>15+5=20</math>. You could also use the number bonds to 10 to make number bonds to 100 e.g. if <math>3+7=10</math>, <math>30+70=100</math>.</p>	<p>Try throwing and catching - if you don't have a ball, you could use something else e.g. some screwed up paper. If you do have a ball, you could try bouncing and dribbling it too.</p>	<p>Make a collage of a healthy meal. If you have a paper plate, you could glue on to it, or just draw a plate on paper. You could even use old packaging or cut outs from magazines etc to make your food shapes.</p>
	<p>Use items of food at home to role play a shop! Find change from £10 or add prices together.</p>		
<p>Have a look at some recipes either in books or online - notice how they are set out, usually with a list of ingredients and then a clear, numbered method, telling you what to do. Make a list of the verbs you can see - there might be add, mix, stir...You could even try writing your own recipe!</p>	<p>Practice telling the time, especially o'clock, half past, quarter past and quarter to.</p>	<p>Try to have some relaxation time! You could try searching 'Cosmic Kids Yoga' or just sit and listen to some music and focus on your breathing, like we have tried in class.</p>	<p>Make a sketch of a food item in your house eg a piece of fruit.</p>
	<p>Rehearse times tables, especially 2s, 5s and 10s. There are fun songs online to help you remember them too.</p>		

**Research:** Choose a country from anywhere in the world and find out about the foods that they grow/eat there.